

North Shore Tri-Team

Membership Form

If you would like to join the NSTT, please fill out this form and mail it back to:

B&S Fitness Programs LLC
15 Maple Street
Salem, MA. 01970

Membership type: (checks payable to NSTT) New \$25 _____ Renewal \$25 _____

PLEASE NOTE: Membership fee goes towards socials, discounts on trainings/lectures, discounts at local sponsor shops and massage, website and general overhead.

Name: _____ Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Date of Birth: _____ Sex (F) (M) Level: (Beg.) (Int.) (Advanced) (Elite)

Email (Print clearly): _____

PLEASE CHOOSE ONE:

A. Competitive Division (all levels): Compete in *FIRM Race Series*: _____

USAT Member.#: _____

B. Team Membership: (not interested in competing for FIRM points): _____

Please read waiver before signing:

I know that volunteering to work in club races is a potentially hazardous activity. I should not enter and train in any club activities unless I am medically able and properly trained. I assume all risks associated with any and all training activities that I decide to do with the club including but not limited to: falls, bike crashes, shark attacks, contact with other participants, the effects of weather, including high heat and extreme cold, traffic and conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the North Shore Triathlon Team and all sponsors, coaches, volunteers, team leaders, their representatives, and successors from all claims of liabilities of any kind arising out of my participation in these workouts and events even though that liability may arise out of negligence or carelessness on the part of the persons named on the waiver.

Signature (parent if under 18)

Date

NSTT Sponsored by:



www.bostontriathlon.org



Team leaders: Brandi & Steve Dion, Vinny Miserandino, Marty Miserandino, Kevin Reen, Brendan Reen, and Dean Phillips.